

GOVERNMENT OF ODISHA
HEALTH & FAMILY WELFARE DEPARTMENT

File No. HFW-SCH-I-COVID-0063-2020 12504 /H Dated, 26.04.2021

From

Shri P. K. Mohapatra, IAS,
Additional Chief Secretary to Govt.

To

All Collectors & DM,
All Municipal Commissioners,
All Dean & Principals of Medical Colleges,
All CDM & PHO

Sub- Discharge policy for COVID-19 patients in Covid facilities.

Sir/Madam,

Enclosed please find herewith the discharge policy for COVID-19 issued by MoHFW, Gol on 8th May 2020. As per the policy the following guidelines shall be followed scrupulously in the state.

1. All asymptomatic, very mild or pre-symptomatic cases:

- a. Such patients shall preferably remain in home isolation or if isolation facility is not available at home they may be admitted in CCC. The symptomatic cases shall be admitted to Covid hospitals for treatment.
- b. These cases shall be discharged after 10 days of symptom onset if there is no fever for three days.

2. Moderate cases:

- a. When moderate cases are admitted, if the fever subsides within three days and oxygen is maintained without oxygen support then it can be discharged after 10 days of onset of symptoms. No RTPCR is required before discharge.
- b. If symptoms not resolved and the demand of oxygen therapy continues then it can be discharged only after the resolve of clinical symptoms and ability to maintain oxygen saturation for three consecutive days.

3. Severe cases

- a. Severe cases when admitted can be discharged after 10 days when the patient has recovered from all clinical symptoms and testing gives a negative RTPCR report after the symptoms are resolved. There will be no need of testing prior to discharge.
4. After discharge the patients shall remain in home isolation or institutional isolation for another seven days.
5. If after discharge from the Covid facility, the person develops symptoms of fever, cough or breathing difficulty and the oxygen saturation falls below 93 % and Respiration Rate becomes 30/min or more he/she shall again be admitted to Covid Health Center or Hospital.

This may be treated as most urgent.

Yours faithfully,


Additional Chief Secretary to Government

Memo No. 12505 /H

Dated, 26.04.2021

Copy forwarded to all Directors of H &FW Department, Addl. DMET, Odisha cum Chairman, Technical Committee for information and necessary action.

Deputy Secretary to Government

26/04/2021

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26/04/2021

Revised Discharge Policy for COVID-19

The revised discharge policy is aligned with the guidelines on the 3 tier COVID facilities and the categorization of the patients based on clinical severity (Available at:

<https://www.mohfw.gov.in/pdf/FinalGuidanceonMangaementofCovidcasesversion2.pdf>)

1. Mild/very mild/pre-symptomatic cases

Mild/very mild/pre-symptomatic cases admitted to a COVID Care Facility will undergo regular temperature and pulse oximetry monitoring. The patient can be discharged after 10 days of symptom onset and no fever for 3 days. There will be no need for testing prior to discharge.

At the time of discharge, the patient will be advised to isolate himself at home and self-monitor their health for further 7 days.

At any point of time, prior to discharge from CCC, if the oxygen saturation dips below 95%, patient is moved to Dedicated COVID Health Centre (DCHC).

After discharge from the facility, if he/she again develops symptoms of fever, cough or breathing difficulty he will contact the COVID Care Centre or State helpline or 1075. His/her health will again be followed up through tele-conference on 14th day.

2. Moderate cases admitted to Dedicated COVID Health Centre (Oxygen beds)

2.1. Patients whose symptoms resolve within 3 days and maintains saturation above 95% for the next 4 days

Cases clinically classified as "moderate cases" will undergo monitoring of body temperature and oxygen saturation. If the fever resolve within 3 days and the patient maintains saturation above 95% for the next 4 days (without oxygen support), such patient will be discharged after 10 days of symptom onset in case of:

- Absence of fever without antipyretics
- Resolution of breathlessness
- No oxygen requirement

There will be no need for testing prior to discharge.

At the time of discharge, the patient will be advised to isolate himself at home and self-monitor their health for further 7 days.

2.2. Patient on Oxygenation whose fever does not resolve within 3 days and demand of oxygen therapy continues

Such patients will be discharged only after

- resolution of clinical symptoms
- ability to maintain oxygen saturation for 3 consecutive days

3. Severe Cases including immunocompromised (HIV patients, transplant recipients, malignancy)

Discharge criteria for severe cases will be based on

- Clinical recovery
- Patient tested negative once by RT-PCR (after resolution of symptoms)

